



**THE FOLSOM SIERRA**  
WELLNESS CLINIC

520 Plaza Drive Ste 100, Folsom, CA 95630  
916-805-5520 | 916-542-7960  
Intensive after-school outpatient  
program for ages 13-17.

**WEAVE™**

916-920-2952 | weaveinc.org  
Crisis intervention services for survivors of  
domestic violence and sexual assault.

**THE TREVOR PROJECT**  
Saving Young LGBTQ Lives

1-866-488-7386  
Text "START" to 678678



**SACRAMENTO**  
**LGBT**  
COMMUNITY CENTER  
saccenter.org

916-442-0185



**NAMI**  
National Alliance on Mental Illness  
Sacramento  
namisacramento.org/  
resources-home/  
crisis-contacts-services/

The National Domestic Violence  
**HOTLINE**

24/7 | 1-800-799-7233  
thehotline.org

**SACRAMENTO**  
COUNTY

Child Protective Services  
916-875-5437 (KIDS)

**SACRAMENTO**  
COUNTY

Mental Health Community  
Support Team  
916-874-6015

# COMMUNITY RESOURCES



**NATIONAL**  
**SUICIDE**  
**PREVENTION**  
**LIFELINE™**  
1-800-273-TALK  
www.suicidepreventionlifeline.org

Local Suicide  
Prevention  
Crisis Line  
916-368-3111

**SAMHSA**

Substance Abuse and Mental Health  
Services Administration

samhsa.gov

**Wind**  
Youth Services

1722 J Street, 3rd Floor, Sacramento, CA 95811  
916-561-4900  
Housing for ages 12-24 | STD Testing  
counseling & case management.



Guest House  
Homeless Services  
916-440-1500



Transgender  
Health Services  
916-455-2391